

WINTER NEWSLETTER 2023



**CHAMPAIGN COUNTY
CHRISTIAN HEALTH CENTER**

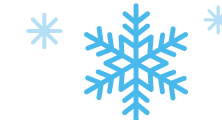
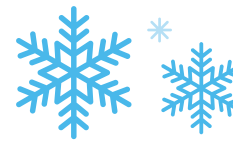
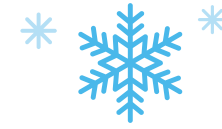
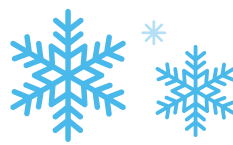
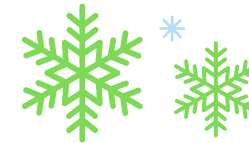
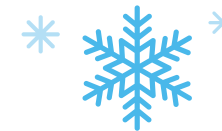
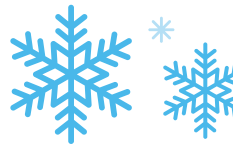
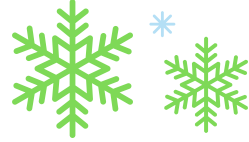
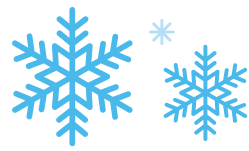
OUR NEW BUILDING



The healthcare system in the United States is in a constant state of motion. Countless moving parts translate into healthcare being provided to millions of people across the country every year. Unfortunately, too often, the system fails to provide healthcare to the uninsured and underinsured. At the state level, Illinois is working towards closing the gaps in care for the most vulnerable through various policies and proposals.

While the road has been tread with many obstacles, for nearly 20 years, CCCHC has provided free healthcare for thousands of people in need. We hope more will join our efforts as there is still a need as many people are still falling through the cracks.

We want to catch those who fall through the cracks. Will you help us?



CCCHC STAFF



Jeffrey Trask, PhD
Founder and Operations Director

As the founder of CCCHC, I am humbled by the growth, opportunity, and many reasons to celebrate the existence of a clinic that was incorporated 20 years ago and saw its first patient in September 2004. God has also made it clear that CCCHC is to do big things in the years to come. Between new state funding through Rep Carol Ammons office and IAFCC, working with PRIDE Philanthropy, and engaging in other collaborative efforts, CCCHC is being positioned to make a meaningful impact in not only improving the well-being of those needing healthcare, but of the overall health of our Champaign County neighbors in general; especially communities of color that have major health inequities. We are in the midst of a meteoritic rise as a ministry, health clinic, and service to the community. I ask for your prayers, your participation, and your pocketbooks to help CCCHC bring healing, hope, faith, and love to those that need it most.

As the operations director of CCCHC, I am happy to report, in space shuttle terms, all functions are a go. We have a wonderful facility to provide care to our patients and give our volunteers everything they need to deliver that care, along with a place our staff can work throughout the week. Since we purchased this facility nearly one year ago, we have furnished it, beautified the grounds, made improvements, and coordinated with contractors to maintain it. We still have a few changes to make still, but we are making the most of our space. In 2024, we also anticipate making major renovations to accommodate a full service dental space to meet the current and growing demand for dental care in Champaign County. Financially, CCCHC has been blessed. However, with financial blessings, come financial responsibilities. Therefore, we continually working on our strategic plan to direct CCCHC's resources according to our mission and vision.

Whether managing the numerous grant reports, working with our accountant, auditor, and tax firms, or implementing our new Salesforce system, our financial well-being is well covered. Of course, as a non-profit clinic providing medical, mental, and dental healthcare for free, we are always in need of resources - we just are finally going beyond survival mode and moving into thriving mode.





Crystal Hogue, MBA
Executive Director

What an honor and a privilege to lead such a wonderful clinic! I am humbled to be able to be in a position to see the uninsured and underinsured patients and those who lack access to healthcare in our community, being served by such dedicated, caring, and committed individuals. This amazes me.

Over the six years of working for CCCHC and observing the growth, has not only brought me joy but has also enhanced my leadership abilities as an African American Woman in the nonprofit sector. I am ecstatic seeing the diversity of volunteers who give back to the community by using their individual God-given talents, skills, education and abilities to make a difference in serving our patients. Life is all about serving and giving to others and at CCCHC, we strive to do this.

Social determinants of health, SDOH, have had a major impact on people's health, well-being, and quality of life. Being able to serve those effected by SDOH by offering free healthcare is a major step towards healing members of our community. Now that we have our own building, we can continue to help those who fall through the cracks, and those in between gaps of insurance coverage by offering our free healthcare services. We are indeed making a difference in the lives of many who are unable to pay for healthcare services.

In order to continue meeting the needs of our patients, we are still very much in need of funding to help maintain this beautiful new building and to be able to purchase medical and dental equipment needed to take care of our patients.

We thank you for your continued support and collaborative efforts. Your time, talents and treasures are much appreciated. Words cannot express how grateful I am to our supporters, staff, board members, community partners, volunteers, churches and anyone who has contributed in any way to help us continue serving those in need of healthcare in the CU community.

CCCHC STAFF



Teddie Hill, M.S.
Outreach Coordinator

Being a part of CCCHC is such a rewarding experience for me. As the outreach coordinator, I have the opportunity to meet so many wonderful people and learn about their stories and life experiences. Being a part of CCCHC has opened my eyes to important facets of our community's needs and challenges related to healthcare and how we can best serve those who need us. It's a blessing to be a part of a team who prioritizes caring for our community.



Shekina Mullen, MBA
Volunteer and Pharmacy Coordinator

Being a Volunteer and Pharmacy Assistance coordinator at CCCHC is more than a role; it's a calling to serve and connect with the community. As the Volunteer Coordinator, I see myself as a bridge between community needs and available resources, ensuring that the right volunteers are positioned to make a positive impact.

Simultaneously, in my role as a Pharmacy Assistance coordinator, I view healthcare support as a necessity. Serving as a vital link between patients and medications, I consider it both an honor and a responsibility to contribute to the well-being of individuals in the community by ensuring they have access to essential medications and healthcare services.

LOOKING BACK IN 2023

We finally got our own building



Having fun during clinic



Turning a closet into a labroom



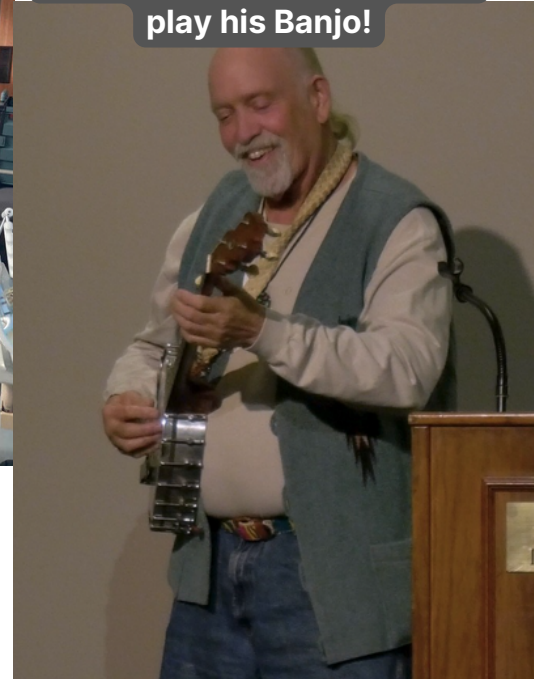
OSF donates lab supplies



Setting up our dental clinic!



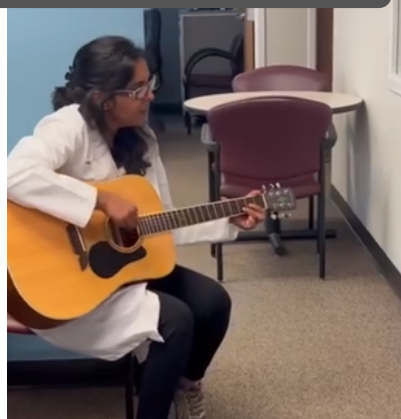
We love hearing Dr. Koehler play his Banjo!



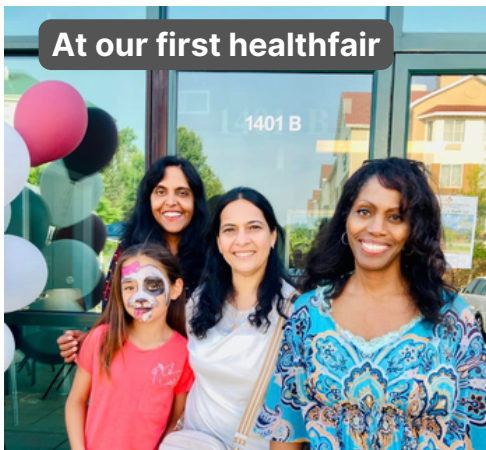
In the nurse/provider workstation



Dr. Alina Paul inspires us with her beautiful voice!



At our first healthfair





You're Invited!
**CHAMPAIGN COUNTY
 CHRISTIAN HEALTH CENTER**
Ribbon Cutting Ceremony



Special Guest

**STATE REP.
 CAROL AMMONS**



Your paragraph text

1401 S. State Street Suite B
 Champaign, IL 61820

AUGUST | 30th | 2023
10:00AM

Office Line: (217)398-2914
 Appointment Line: (217)402-5683
 ccchc2003.org



CCCHC RIBBON CUTTING CEREMONY



Thanks State Representative Carol Ammons for your continued support!



On Wednesday, August 30, 2023 @ 10:00 am, Champaign County Christian Health Center, CCCHC, marked a new milestone at our first ribbon cutting ceremony. The providers, board president, founder, executive director, IAFCC ED, State Representative Carol Ammons, Atha Wilson representing Senator Faraci's office, pastors and many others, attended this event to help celebrate this very important milestone. Together we stand in agreement that we will dedicate this building to serve the uninsured and underinsured and those who lack access to healthcare in our community. We are proud to say that CCCHC now owns our own building, a place that our patients can call home. We could not reach this milestone without your help. We thank you for helping us get there.

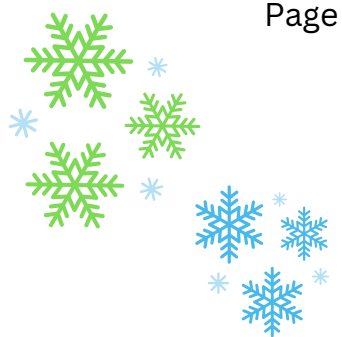
Look out world, Champaign County Christian Health Center is coming your way, expanding, building, growing, extending several hands, partnering with many, and offering more services to reach those who need us.



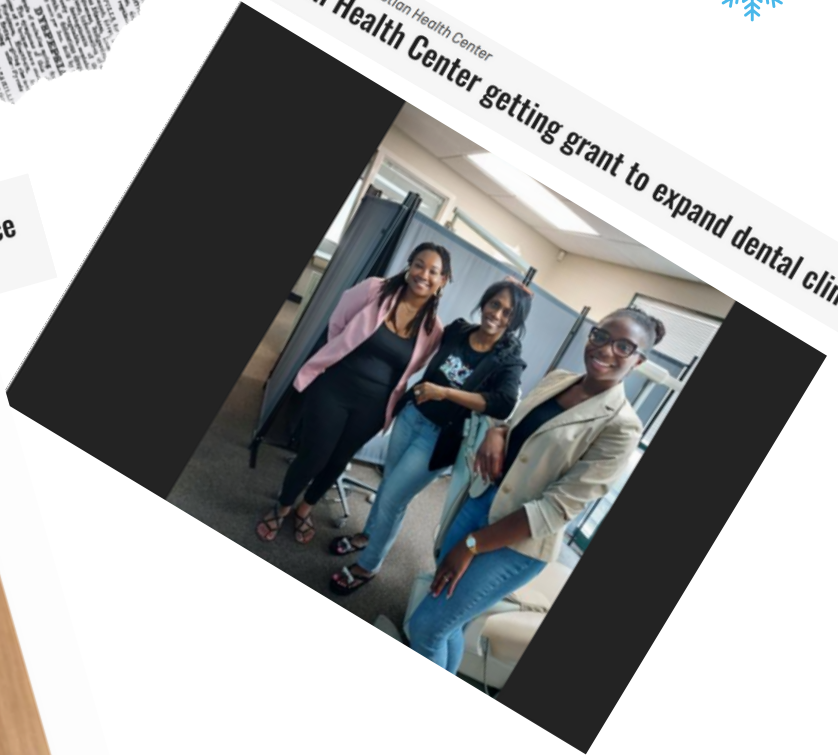
STATE REP CAROL AMMONS SUPPORTS CCCHC



NEWS MEDIA



Champaign County Christian Health Center
Christian Health Center getting grant to expand dental clinic



Champaign County Christian Health Center
Champaign County Christian Health Center finally gets a place of its own



'Making a difference' is life's work of Winding Ivy Award winner



Patient Stories



"I've been a patient at CCCHC since you guys were at Salt and Light around 2004. You guys have been there for me to stand by me through my struggles every time. It was my mom that got me to come."

Through the years, that remains the same is the amount of care every staff has for the patients, and it's amazing. I can't speak enough about it. You guys have been a blessing. To tell you how far I came from when I first came to CCCHC, my anxiety and PTSD made me suffer so much that it affected me on my jobs. I thank you Champaign County Christian Health Center!"

- CCCHC Patient



"I was amazed at how nice everyone was. I honestly can't tell you how I found out about it, but I was lost and just found my way in when I was sick. And now, I am referring many people here and I tell them, if you need help, just go to CCCHC."

- CCCHC Patient



"I would like to thank all of the Doctors and Staff at Champaign County Christian Health Center. I appreciate all the help that you have given me down through the years and am looking forward to more years with all of you."

I also want to thank all of you for this wonderful blood pressure machine that I received for free. It will be a big help with tracking my blood pressure. I really appreciate this so much."

- CCCHC Patient

Our Annual Fundraising Dinner Saturday, October 28th, 5:30 pm

pm pm



You're Invited!

CHAMPAIGN COUNTY CHRISTIAN
HEALTH CENTER
FUNDRAISING DINNER

Home Is Where The Healing Is



Our Annual Fundraising Dinner 2023 IHOTEL Conference Center Chancellor Ballroom



Leadership Award - William Dai

William Dai unquestionably deserves the Leadership Award, embodying the very essence of effective leadership. In moments of unforeseen challenges within the clinic, he seamlessly steps in, offering solutions and bridging gaps as needed. His leadership prowess shines through his roles in medical assisting and scribing, as well as his invaluable contribution to onboarding new student clinical volunteers.

Dedication Award - Adam Syed

The recipient of the Dedication Award, Adam Syed, consistently demonstrates readiness and eagerness to assist whenever called upon. His proactive and innovative approach to clinic activities reflects a genuine passion, as he consistently puts his best foot forward as an essential volunteer. We are not only pleased with his unwavering efforts but also inspired by his tenacity in the field of medicine. Remarkably, Adam stands out as the only volunteer nominated for each award.

Innovation and Creativity Award - Nominees

While a single winner did not emerge for the Innovation and Creativity Award this year, the seven nominees listed below exemplify our commitment to fostering a culture of innovation and creativity. As we work collaboratively, we anticipate the continued contribution of groundbreaking ideas for the advancement of the clinic.

Nominees:

Katherine Takla
Prithika Ravi
Teddie Hill
William Dai
Heather Trotter
Adam Syed
Sani Kimura

Rising Star - Adam Syed

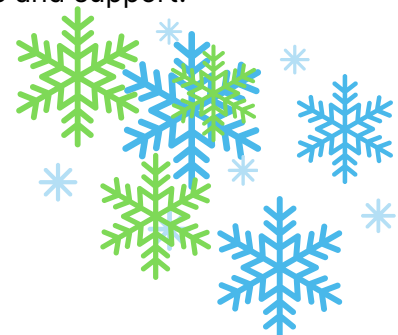
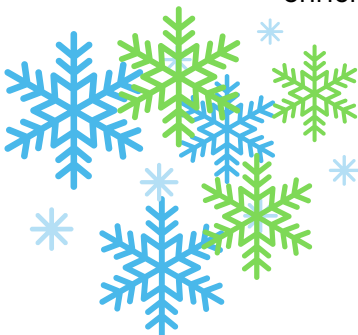
Adam Syed claims the title of Rising Star, a fitting acknowledgment for a sophomore at the University of Illinois Urbana-Champaign. His remarkable contributions have not gone unnoticed by the CCCHC staff and providers, showcasing his potential as a rising force in the field.

Mentorship Award - Nominees

In the Mentorship Award category, we celebrate the numerous leaders and mentors who selflessly contribute to our clinic. The nominees below exemplify the spirit of mentorship, enriching the clinic environment with their guidance and support.

Nominees:

Erica Joo
Shekina Mullen
Ellie Kim
Adam Syed
Dr. Kevin Kim



Rising Star and Dedication Award Winner Nominee for Innovation & Creativity and Mentorship Award



Adam Syed

The Champaign County Christian Health Center has been an extraordinary catalyst for both my academic and personal development. Starting off, I first confronted the challenges of triage with limited knowledge but gradually mastered the intricacies, acquiring fluency in developing resilience and managing stress. Progressing to scribing medical charts during encounters, I honed my decision-making, efficiency, and leadership skills while guiding fellow volunteers. In my current stage of aiding clinic development, I willingly embrace discomfort, implementing a urinalysis program for our patients to have immediate insight while at the same visit. Mrs. Hogue's mentorship, coupled with the collaborative experiences with doctors and nurses, allowed me to achieve significant milestones, taking the lead in administrative assignments. This professional environment not only delivers quality care to the patients but also nurtures my growth, providing me with the wings to soar. The CCCHC has equipped me to navigate moments of incompetence in medicine, fostering adaptability and resilience for continuous improvement, ultimately contributing to the elevated quality of service we provide to our community.

Thank you,
Adam Syed

"The recipient of the Dedication Award, Adam Syed, consistently demonstrates readiness and eagerness to assist whenever called upon. His proactive and innovative approach to clinic activities reflects a genuine passion, as he consistently puts his best foot forward as an essential volunteer. We are not only pleased with his unwavering efforts but also inspired by his tenacity in the field of medicine. Remarkably, Adam stands out as the only volunteer nominated for each award."

Shekina Mullen, MBA, Volunteer & Pharmacy Coordinator

*"I am very proud of you Adam. Keep up the great work.
I am also very proud of William Dai for receiving the Leadership Award and all the nominees.
We are so delighted to have all of you a part of the CCCHC Team!"*

Crystal Hogue, MBA, Executive Director



A Grateful Intern



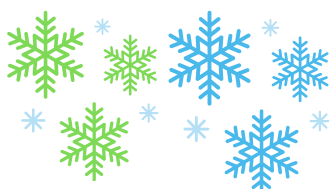
Josh Massaro

I originally applied to CCCHC due to the holistic approach to their healthcare services which I thought was unique compared to other internship options. In researching CCCHC, I learned that they serve almost strictly uninsured and underinsured people in Champaign. After learning this I felt obligated to give my best efforts to the clinic to assist them in serving the underserved population surrounding my University. In my internship experience, I have gained an immense understanding of the administrative factors that go into making a non-profit clinic run smoothly. I learned how to analyze data and how to communicate this information to tailor to the clinic's needs. I have become competent in various administration and management tools through the different events I've attended throughout the semester and working with the Executive Director. These learning tools include attending clinic meetings and discussing different topics and projects that the staff was working on to improve the clinic. This also included doing grant research for a 501(C)3 nonprofit clinic. I was able to attend clinic a few times a week to work and learn from my supervisor, volunteers, staff, students, nurses, and physicians.

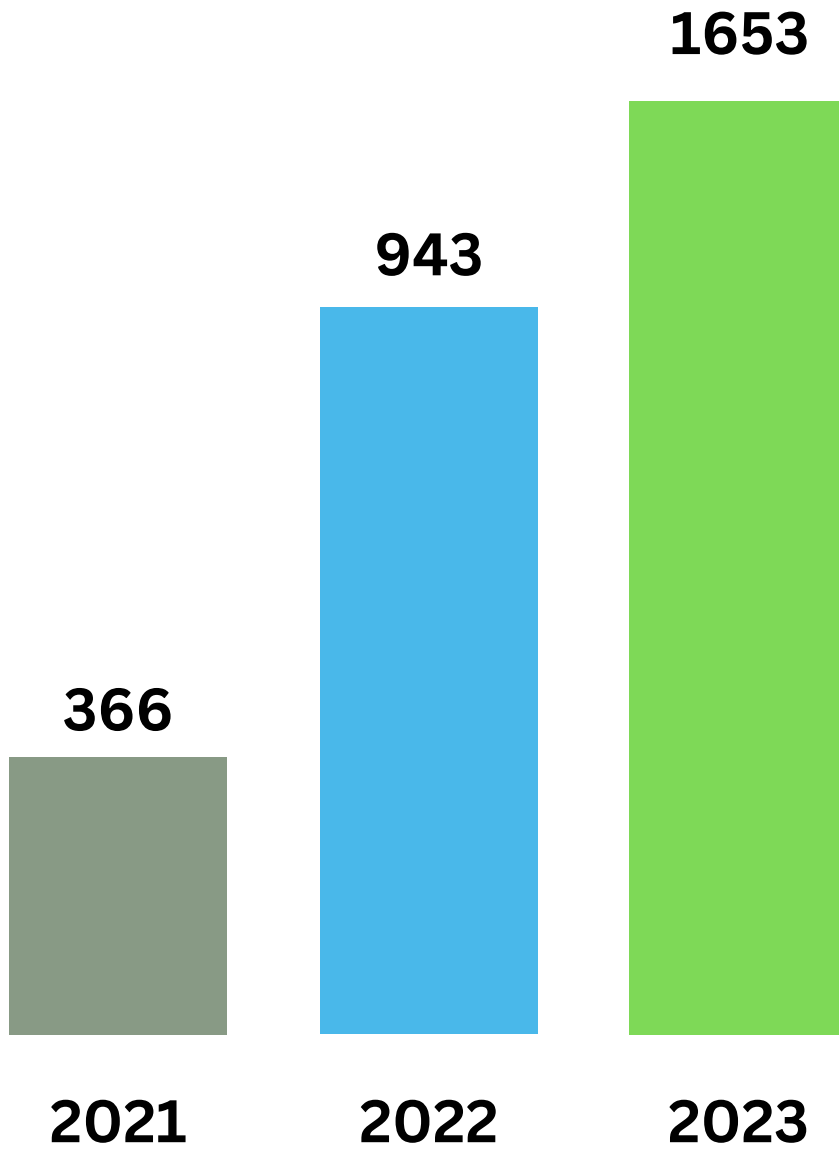
Working at this clinic under the direct supervision of Crystal was very helpful and made me strive to learn what it means to be the best healthcare worker. I constantly had to think outside of the box to complete the work assigned to me, which was a new experience for me entering into the healthcare field.

This experience set me up to be able to problem-solve in different areas of health care. I learned a great extent by being a part of this clinic and grateful for the opportunity.

-Josh Massaro

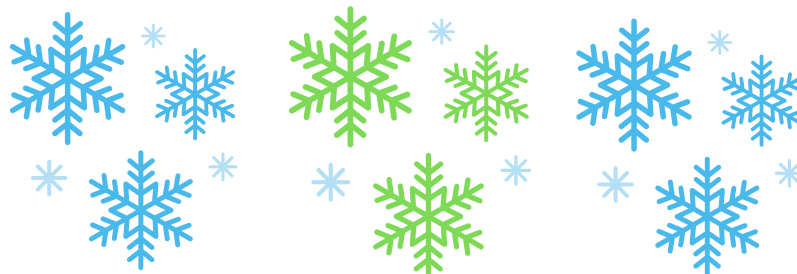


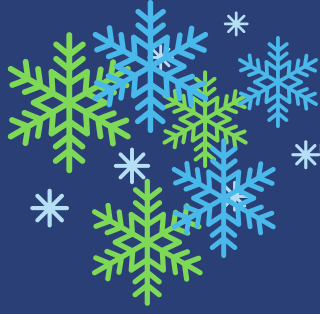
Total Patients Served



We have surpassed our 2022 patient numbers from last year. We plan to continue increasing due to raising the awareness in our community.

We hope to continue this trend in 2024!





***Total Volunteer Hours...**

3418



Thanks to all of our volunteers for your continued support!

We cannot do what we do without YOU!

Fundraising

We raised a total of **\$8,130.27!** Thanks so much for donating to our fundraiser.



Our goal over the next 2 years is to raise \$425,000 to pay off our building. With your continued help we will!

Donate Today!

www.ccchc2003.org/donations

Thank You for Your Support!

Contact Us!

New Location Address:

1401 S State St, Suite B
Champaign, IL 61820

Medical and Dental Clinic Hours

9:00 am - 8:30 pm
Tuesday, Wednesday and some
Thursdays of the month.
Dates and times vary based on
provider availability.

Please call to schedule an appointment.

Phone Number:

Appointment Line: 217-402-5683
Office Line: 217-398-2914
Email: ccchc2003care@gmail.com
Website: ccchc2003.org

Mailing address:

PO Box 5005, Champaign, IL 61825

Frequently Asked Questions

Q: WHO CAN BE SERVED BY CCCHC?

A: ANYONE WITHOUT HEALTH INSURANCE
OR WITH A LACK OF SUFFICIENT HEALTH
INSURANCE

Q: WHAT CARE IS OFFERED AT CCCHC?

A: BASIC PRIMARY CARE, DENTAL CARE,
HEALTH EDUCATION, SOCIAL
WORK, LAB WORK, NUTRITIONAL AND
MENTAL HEALTH COUNSELING,
PHARMACY ASSISTANCE, INFORMATION
ON HEALTH SCREENINGS, HOPE, PRAYER,
AND MORE!

Q: HOW CAN I VOLUNTEER?

A: PLEASE FILL OUT A VOLUNTEER
APPLICATION AT
CCCHC2003.ORG/VOLUNTEER OR EMAIL
US AT CCCHC2003CARE@GMAIL.COM

Q: HOW CAN I CONTRIBUTE TO CCCHC?

A: BECOME A MONTHLY DONOR BY
SENDING CHECKS MADE OUT TO CCCHC
AT P.O. BOX 5005. CHAMPAIGN, IL 61825.
YOU CAN ALSO DONATE ONLINE AT
WWW.CCCHC2003.ORG/DONATE

**YOUR CONTRIBUTIONS ARE TAX
DEDUCTIBLE AND GREATLY
APPRECIATED.**

CCCHC Board Members

Dr. Patricia McNussen, Board President
Barbara Pritchard, Board Secretary
Dr. Clif Burdette, Board Treasurer
Rev. Terrance Thomas, Board Member
Rev. Elexis Wilson, Board Member
Jonathan Woods, Board Member
Dr. Thomas Koehler, Board Member

Thanks for your support!

THANKS TO OUR



CHRISTIE CLINIC



HEALTHCARE

and many more!

Because of YOU we have had over 14,000 client visits
Because of YOU we can provide basic medical healthcare for free to
the uninsured and underinsured

Because of YOU we have a place where are patients can come and
feel comfortable

Because of YOU we can offer counseling and provide support for
patients with mental health issues

Because of YOU we can provide medical and dental care to all
different walks of life

Because of YOU we can provide nutritional counseling

Because of YOU we can expand our services to meet more patient
needs

For that we say Thank you. Thank YOU for your continued support!
May God bless you!

SUPPORTERS

